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**KIDDOOLETV™**



**teachers' corner**

Social & Emotional Learning

**Stay Positive: Get Happy  
with Chuck E. Cheese!**



# Curriculum Connection:

## Social and Emotional Learning:

This lesson teaches students to recognize and manage emotions, cultivating a positive mindset.

# Learning Goals:

## Social and Emotional Learning:

### Students will:

- understand the importance of staying positive and finding happiness even on challenging days
- express gratitude for the positive aspects in their lives
- practice identifying positive perspectives in various situations



# Materials:



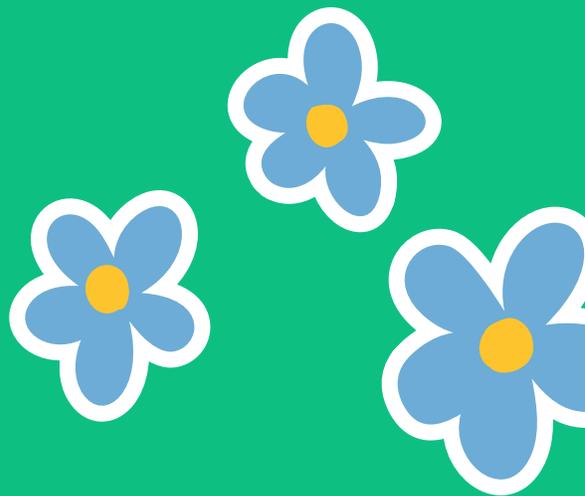
Access this episode free on:

KidoodleTV™



## Lesson Supplies:

- Kidoodle.TV Show: **Chuck E. Cheese: Stay Positive: Get Happy with Chuck E. Cheese! S01E08**
- Whiteboard and markers
- Drawing materials (crayons, markers, colored pencils)
- Construction paper
- Glue
- Scissors



# Lesson:

## Introduction:

Gather students in a circle and ask how they feel today. Encourage them to express their emotions using simple words. Introduce the theme of staying positive even on challenging days. Explain that Chuck E. Cheese has a special song to help us stay happy when we're feeling down.

## Viewing the Episode:

Show Kidoodle.TV's episode of Stay Positive: "Get Happy with Chuck E. Cheese". Ask students to pay attention to the song's message about staying positive and finding happiness. After the video, hold a brief discussion to recap what students learned.

## Class Discussion - Finding Happiness:

Engage in a discussion about finding happiness in different situations. Show students examples of potential situations that might make them sad (e.g., rainy day, waiting for a turn). Ask students to share what positive aspects they can find in each situation. Discuss the phrase "Look on the Bright Side" and explain that it means finding something positive in any situation.

## Examples for Discussion:

### Example:

It's raining outside.

### Positive Perspective:

Rain helps flowers grow and makes the grass green.

### Example:

It's a cloudy day.

### Positive Perspective:

Clouds can bring cooler weather, making it comfortable to play outside.

### Example:

You didn't get the toy you wanted.

### Positive Perspective:

There are many other toys to play with, and you can share with your friends.

### Example:

You fell down and got a little hurt.

### Positive Perspective:

You can be brave and learn from the experience, and maybe someone will help you feel better.

### Example:

You have to wait for your turn.

### Positive Perspective:

Waiting teaches us patience, and we can use that time to think about fun things we want to do.

### Example:

It's too cold outside to play.

### Positive Perspective:

We can bundle up in warm clothes, build snowmen, or enjoy cozy indoor activities.

### Example:

You made a mistake in your drawing.

### Positive Perspective:

Mistakes are okay! They help us learn, and we can turn them into something new and creative.

### Example:

Your friend is playing with someone else.

### Positive Perspective:

There are many friends to play with, and we can join in and have fun together.

### Example:

You have to eat vegetables for dinner.

### Positive Perspective:

Vegetables make us strong and healthy. We can try them in different ways and find ones we like.

### Example:

It's time to go to bed.

### Positive Perspective:

Sleep helps us rest and have energy for a new day of fun and adventures.



# Lesson:

## Craft Activity - Happy Faces:

Explain to students that they will each create a happy face and include something that makes them happy. Provide materials for creating happy faces using construction paper, glue, and drawing materials. Instruct students to draw a happy face and include a small drawing or sentence about something that makes them happy. Assist by writing the sentence for students if needed. Encourage students to share their happy faces with the class.

## Closing and Reflection:

Gather students back in a circle. Ask them to share what they included on their happy faces and why it makes them happy. Commend them for expressing positivity and remind them that even on tough days, there is always something to be happy about.

## Extension:

Encourage students to take their happy faces home and share them with their families, explaining the importance of looking on the bright side.

## Assessment

Assess students' understanding through their participation in the class discussion and creativity in the happy face craft activity. Look for expressions of positivity and an understanding of finding happiness in various situations.

