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Physical Education

## Danny Go! Dance Songs: The Ice King Freeze Dance

# Curriculum Connection:

## Physical Education:

This lesson promotes **physical coordination, movement exploration, and active engagement**. Through dance and movement activities, students enhance their motor skills and develop a better understanding of body awareness. The focus on left and right directionality further reinforces spatial awareness and physical control.

## Language Arts:

During discussions and while following Danny's Frozen adventure, students engage in active listening and contribute to group conversations. This enhances their **verbal communication skills** as they express their thoughts, describe movements, and share their interpretations of the dance theme.

# Learning Goals:

## Physical Education:

- Students will develop physical coordination through dance and movement.
- Students will improve body awareness and spatial understanding.
- Students will demonstrate the ability to follow movement instructions accurately.

## Language Arts:

- Students will enhance active listening skills during discussions and video viewing.
- Students will participate in group conversations to share insights and thoughts.
- Students will practice expressing thoughts and interpretations effectively.

## Mathematics:

- Students will apply understanding of left and right to movement instructions.
- Students will reinforce spatial reasoning by moving appropriately in response to directions.

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# Materials:

S01 E102

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## Danny Go! Dance Songs

### The Ice King Freeze Dance

#### Lesson Supplies:

- ☒ **Danny Go! S01E102**  
The Ice King Freeze Dance
- ☐ **Clear open space**  
for movement
- ☐ **Visual cues for left and right** (e.g., arrows or colored markers)
- ☐ **Optional: Props for movement variations** (e.g., scarves or bean bags)



# Lesson:



## Introduction - Left and Right Learning:

Begin by introducing the concepts of left and right using visual cues such as arrows or colored markers. Practice raising left and right hands and feet while facing the front of the room.

Encourage students to repeat after you as you say "left" and "right" and perform actions accordingly.

## Viewing the Episode:

Play Kidoodle.TV Show: Danny Go! Dance Songs: The Ice King Freeze Dance. Encourage students to follow Danny's exploration of the Frozen palace and watch out for the penguins, snowman, and Ice King.

Tell them to pay attention to how Danny moves to the left and right during the adventure.

## Activity - Freeze Dance with Left-Right Focus:

Play music and encourage students to dance around. When the music stops, call out a movement command along with "left" or "right" (e.g., "left hop", "right jump"). Students should perform the instructed action on the correct side. While dancing, they can also imagine themselves exploring the Frozen palace just like Danny.

## Review of Moves and Introduction to Dance Theme:

Recap basic movements like tip toe, freeze, jump, hop, and duck.

Demonstrate each movement and have students mimic actions. Explain that they'll be following Danny as he explores the Ice King's Frozen palace in a special dance.

Emphasize the excitement of encountering penguins, a giant snowman, and the Ice King himself during the dance.

## Discussion and Left-Right Application:

Engage students in a discussion after watching the episode.

Ask questions like:

- What did Danny see in the Frozen palace?
- How did he move to the left and right to avoid obstacles?
- What did you like about Danny's Frozen adventure?

Use the opportunity to reinforce left and right by asking students to describe Danny's movements in relation to the obstacles he encountered.

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## Conclusion:

Gather students and discuss their experience during the freeze dance game and the imaginary exploration. Ask them how they felt moving left and right like Danny did in the Frozen palace. Highlight the connection between dancing and adventure.

## Assessment

Assess students' comprehension through their ability to confidently follow left-right cues during the movement activities, their participation in the freeze dance game, and their engagement in the discussions about the dance theme and directions. Observe their imaginative movements and enthusiasm in recreating Danny's exploration.



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**DANCE  
SHAKE  
BOOGIE  
MOVE**



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